

# **Aloha Series**

## **Double or Nothing Rules**



**Women's height net**

**Sets must be even with  $\frac{1}{2}$  a rotation or less rotation on the ball.**

**No open hand serve receives.**

**No block on serve**

**Each team must have a guy / girl or a girl /girl combo.**

**Both players on the team must take turns serving**

**Guys must attack from behind 10ft line. If standing or jumping from in front of 10ft line ball must clearly go up.**

**Guys can block guys; girls can block anyone.**

**Open hand tips are not allowed.**

**All substitutions will not be allowed unless approved by tournament director**

**Substitution for injured player will be hand selected by tournament director.**

**If team chooses not to continue with substitution provided a forfeit will be a option.**

**Absolutely **NO** Coaching on the sideline**

**Rally score will be taken**

**One time out is allowed to each team per set of a 30 second duration period.**

**You can:**

**Spike, bump over, roll, chip, poke the ball.**

**Setting over squared to the net.**

**It must even release with  $\frac{1}{2}$  rotation or less and your shoulders have to be square to the direction that you are setting it over.**

**Let serves are allowed.**

**No screening the serve**

**Block doesn't count as a contact.**

**Under the net is fine as long as you don't interfere with the opponent's rally**

**Touching the net during play before ball is dead is a point for your opponent.**

**Scoring is determined by wins/ lost, if tied by total point, if tied still occurred we battle out first to 5 points!**

**Revised : April 15th 2024**